

The Chair

A LIVE INTERVIEW SHOW · EVERY MONDAY · FLOWER MOUND, TEXAS

PRESS ONE SHEET

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TED is ideas worth spreading. The Chair is lives worth learning from.

MICHAEL JACKSON, HOST

The Chair is a live interview show held every Monday night at Guitars and Growlers in Flower Mound, Texas. There is one chair on the stage, and one person at a time sits in it while host Michael Jackson draws out the story of their life. What they built, what it cost them, and what they learned. Up to three guests appear each week, and the lineup is different every Monday.

The show is built on a single idea: the world's leading expert on your life is you. Guests are not celebrities or professional speakers. They are people who have built something, survived something, or started over, and who have rarely been asked about it.



Photo by Michael Jackson



Photo by Madison Zeigler

WHEN	Every Monday. Doors 6:30 p.m., show 7:00 p.m.
WHERE	Guitars and Growlers, 400 Flower Mound Road, Suite 160, Flower Mound, Texas
ADMISSION	Free. Seats reserved in advance.
FORMAT	One chair, one person in it at a time. Up to three guests each week.
LAUNCHED	July 13, 2026

QUOTES, CLEARED FOR PUBLICATION

- **"The world's leading expert on your life is you."**
- **"Everybody has a story. Most people just never get asked about theirs."**
- **"Monday night is the night everyone stays home. We wanted to give people a reason not to."**



THE HOST

Michael Jackson is the host of The Chair and the author of The Man Who Gave His Morning Away. He is a photographer, musician, and entrepreneur. He has lived in his car. Twice. He considers this education rather than biography.

Michael Jackson

HOST, THE CHAIR

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Full press kit, photos and boilerplate: thechair.embraceyoursnake.com/press